



## PRESS STATEMENT MINISTRY OF HEALTH MALAYSIA

### UPDATES ON THE CORONAVIRUS DISEASE 2019 (COVID-19) SITUATION IN MALAYSIA 21 October 2020

#### Current Status of Confirmed COVID-19 Cases Who Have Recovered

The Ministry of Health (MOH) is pleased to inform that today Malaysia reported **580** COVID-19 recovery cases. Therefore, **cumulatively 14,931 confirmed COVID-19 cases** have been discharged (65% of total cumulative cases). The breakdown of cases that have recovered by state is as follows:

- Sabah (305 cases)
- Pulau Pinang (169 cases)
- Selangor (73 cases)
- Kedah (19 cases)
- Perak (7 cases)
- Terengganu (4 cases)
- Sarawak (2 cases)
- Negeri Sembilan (1 case).

#### Current Situation of COVID-19 in Malaysia

21 October 2020, 12 pm, a total of **732 additional confirmed COVID-19 cases** were reported to the National Crisis Preparedness and Response Centre (CPRC) MOH today. Cumulatively there are **22,957 confirmed COVID-19 cases** in Malaysia. Therefore, there are currently **7,827 active and infective COVID-19 cases**. They have all been isolated and given treatment.

Sabah still reported the highest number of cases at 535 cases (73.1%). More RT-PCR laboratory tests have been conducted in Sabah and also sent to Peninsular Malaysia. Additional RTK Antigen tests are also being done in the field. In total, 30 cases (4.1%) reported today are from the Penjara Seberang Perai Cluster, Penjara Kepayan Cluster, Tembok Cluster and Penjara Reman Cluster.

Today, Selangor reported an additional 116 cases (15.8%) and of these, 49 cases are from existing active clusters and 11 cases are from new clusters. Of the three (3) new clusters, one (1) cluster is related to returnees from Sabah.

Of the 732 additional cases reported today, **eight (8)** are imported cases who were **infected overseas**, involving six (6) Malaysians and two (2) non-Malaysians who were travellers from:

- Singapore (3 cases in Kuala Lumpur)
- Nepal (1 case in Selangor)
- United Arab Emirates (1 case in Selangor)
- USA (1 case in Kuala Lumpur)
- United Kingdom (1 case in Kuala Lumpur)
- France (1 case in Kuala Lumpur).

Of the total cases reported today, three (3) cases were returnees from Sabah, making the total number of cases with a history of travel to Sabah since 20 September 2020 is 454 cases.

The details of the local transmission COVID-19 cases are as follows:

- **Sabah: 535 cases**
  - 254 cases from screening of close contacts of confirmed COVID-19 cases.
  - 64 cases from existing active clusters.
  - 19 cases from the **Basung Cluster**, a new cluster.
  - 6 cases from the **Inai Cluster**, a new cluster.
  - 2 cases from the **Tempayan Cluster**, a new cluster.
  - 190 cases from other COVID-19 screenings.

- **Selangor: 114 cases**
  - 49 cases from existing active clusters.
  - 34 cases from screening of close contacts of confirmed COVID-19 cases.
  - 8 cases from the **Cahaya Cluster**, a new cluster.
  - 2 cases from the **Bah Kota Cluster**, a new cluster.
  - 15 case from screening at workplaces.
  - 1 case from the **Long Cluster**, a new cluster.
  - 5 cases from other COVID-19 screenings.
  
- **Kuala Lumpur: 20 cases**
  - 6 cases from the **Melati Cluster**, a new cluster.
  - 6 cases from screening of close contacts of confirmed COVID-19 cases.
  - 5 cases from existing active clusters.
  - 3 cases from the **Long Cluster**, a new cluster.
  
- **Pulau Pinang: 12 cases**
  - 11 cases from existing active clusters.
  - 1 case from other COVID-19 screenings.
  
- **Negeri Sembilan: 9 cases**
  - 4 cases from the **Cahaya Cluster**, a new cluster.
  - 4 cases from screening of close contacts of confirmed COVID-19 cases.
  - 1 case from an existing active cluster.
  
- **WP Labuan: 9 cases**
  - 5 cases from the **Bina Labuan Cluster**, a new cluster.
  - 2 cases from screening of returnees from high-risk areas (Sabah).
  - 2 cases from other COVID-19 screenings.
  
- **Kedah: 7 cases** from existing active clusters.

- **Perak: 7 cases**
  - 4 cases from existing active clusters.
  - 1 case from screening of returnees from high-risk areas (Sabah).
  - 1 case from screening of close contacts of confirmed COVID-19 cases.
  - 1 case from other COVID-19 screenings.
- **WP Putrajaya: 6 cases** from existing active clusters.
- **Melaka: 3 cases** from other COVID-19 screenings.
- **Kelantan: 1 case** from an existing active cluster.
- **Pahang: 1 case** from an existing active cluster.

Currently, **102 confirmed COVID-19 cases** are receiving treatment in the intensive care units (ICUs), with **31 patients on ventilation support**.

**Regretfully, six (6) additional COVID-19 deaths** were reported to the National CPRC MOH today. Cumulatively, there are now **199 COVID-19 deaths** in Malaysia (0.87% of total cumulative cases).

Summary of the deaths reported today is shown in the following table:

Death #	Case	State	Sex	Age (years)	Hospital	Medical History
194	22,756	Sabah	Female (M'sian)	71	Semporna	Breast cancer & stroke
195	22,757	Sabah	Male (M'sian)	65	Queen Elizabeth	Hypertension, diabetes, chronic hepatitis B & autoimmune disease
196	22,758	Sabah	Male (M'sian))	65	Duchess of Kent	Stroke

Death #	Case	State	Sex	Age (years)	Hospital	Medical History
197	22,759	Sabah	Male (M'sian)	55	Duchess of Kent	Diabetes & hypertension
198	22,760	Sabah	Male (Non-M'sian)	27	Duchess of Kent	-
199	22,943	WP Labuan	Male (M'sian))	46	Labuan	Hypertension

MOH extends its condolences to all their family members.

## **Eight (8) New Clusters Reported Today**

MOH would like to inform that there are eight (8) new clusters have been identified today.

### **1. The Basung Cluster**

This new cluster involves a fishing jetty in the Kudat district, Sabah. A total of 19 confirmed COVID-19 cases were identified in this cluster through targeted screening of individuals involved in the fisheries industry in the Kudat district.

As of 21 October 2020, 12 pm, a total of 174 individuals have been screened, of which:

- 19 confirmed COVID-19 cases
- 148 individuals tested negative
- 7 individuals awaiting results

### **2. The Inai Cluster**

This new cluster involves the Kudat district, Sabah. The index case for this cluster (Case 17,773) was detected positive for COVID-19 from symptomatic screening on 14 October 2020 and admitted into the COVID-19 Quarantine and Treatment Centre (PKRC) at PPR Taman Ehsan, Kota

Belud. Screening of close contacts has identified seven (7) additional confirmed COVID-19 cases.

As of 21 October 2020, 12 pm, a total of 92 individuals have been screened, of which:

- Eight (8) confirmed COVID-19 cases
- 84 individuals awaiting results

### **3. The Tempayan Cluster**

This new cluster involves the Kota Kinabalu and Penampang districts in Sabah. The index case for this cluster (Case 11,619) was detected positive for COVID-19 from symptomatic screening on 1 October 2020 and admitted into the Queen Elizabeth Hospital. Screening of close contacts has identified 18 additional confirmed COVID-19 cases.

As of 21 October 2020, 12 pm, a total of 21 individuals have been screened, of which:

- 19 confirmed COVID-19 cases
- 1 individual tested negative
- 1 individual awaiting result

### **4. The Long Cluster**

This new cluster involves the Hulu Langat district in Selangor, and the Titiwangsa, Lembah Pantai and Kepong districts in Kuala Lumpur. The index case for this cluster (Case 16,746) was detected positive for COVID-19 from symptomatic screening on 12 October 2020 and admitted into Sungai Buloh Hospital. Screening of close contacts has identified 17 additional confirmed COVID-19 cases.

As of 21 October 2020, 12 pm, a total of 301 individuals have been screened, of which:

- 18 confirmed COVID-19 cases
- 260 individuals tested negative
- 23 individuals awaiting results

## **5. The Cahaya Cluster**

This new cluster involves the Petaling district in Selangor, and the Tampin district in Negeri Sembilan. The index case for this cluster (Case 20,394) was detected positive for COVID-19 from symptomatic screening on 16 October 2020 and admitted into Sungai Buloh Hospital. Screening of close contacts has identified 17 additional confirmed COVID-19 cases.

As of 21 October 2020, 12 pm, a total of 84 individuals have been screened, of which:

- 18 confirmed COVID-19 cases
- 3 individuals tested negative
- 63 individuals awaiting results

## **6. The Bah Kota Cluster**

This new cluster involves the Sepang district in Selangor, and the Seremban district in Negeri Sembilan. The index case for this cluster (Case 17,988) was detected positive for COVID-19 from symptomatic screening on 14 October 2020 and admitted into Sungai Buloh Hospital. Screening of close contacts has identified nine (9) additional confirmed COVID-19 cases.

As of 21 October 2020, 12 pm, a total of 171 individuals have been screened, of which:

- 10 confirmed COVID-19 cases
- 161 individuals awaiting results

## **7. The Melati Cluster**

This new cluster involves the Titiwangsa district in Kuala Lumpur, and the Klang district in Selangor. The index case for this cluster (Case 18,002) was detected positive for COVID-19 from symptomatic screening on 14 October 2020 and admitted into Sungai Buloh Hospital. Screening of close contacts has identified eight (8) additional confirmed COVID-19 cases.

As of 21 October 2020, 12 pm, a total of 24 individuals have been screened, of which:

- Nine (9) confirmed COVID-19 cases
- 15 individuals awaiting results

## **8. The Bina Labuan Cluster**

This new cluster involves WP Labuan. The index case for this cluster (Case 22,943) was detected positive for COVID-19 from hospital pre-admission screening on 21 October 2020 and died on the same day in Labuan Hospital. Screening of close contacts has identified four (4) additional confirmed COVID-19 cases.

As of 21 October 2020, 12 pm, a total of 60 individuals have been screened, of which:

- Five (5) confirmed COVID-19 cases
- 55 individuals awaiting results

## **Mental Health and Psychosocial Support Services (MHPSS) for COVID-19**

To address mental health issues related to the COVID-19 pandemic, the Mental Health and Psychosocial Support Services (MHPSS), MOH has set up a Psychosocial Support Line. MOH together with MERCY and other agencies such as the Family, Social and Community Division, Department of Islamic Development Malaysia (KSK JAKIM), Ministry of Women, Family and Community Development (KPWKM), as well as non-governmental organisations (NGOs), through the Psychosocial Support Line, have received a total of 36,269 calls from 25 March to 19 October 2020. Among the issues raised by the callers are:

- Issues that require emotional support, and counselling (stress, anxiety, anger, depression): 50%
  - Among the reasons are related to social factors such as job loss, loss of income, relationship problems, negative



perception of people around them, fear of being infected, workplace issues etc.

- Seeking COVID-19 related information: 14.7%
- Domestic issues / Domestic violence: 8.8%
- Basic needs / financial assistance / contributions: 6.8
- General complaints: 3.3%
- Psychiatric problems: 2.2%
- Other health-related issues: 1.1%

Recognising the current situation of COVID-19 in Sabah, MOH has increased MHPSS coverage specifically for the population in Sabah, especially for those who need support in times of crisis. This line can be accessed through the number 088-338088 to help those who need emotional support services and initial psychological assistance.

In addition, MOH also provides counseling services to frontliners in the field to identify those who are beginning to experience mental fatigue and provide mental health assistance. MOH hopes that the country's heroes and heroines will persevere and continue to fight the third wave of the COVID-19 epidemic in Malaysia.

### **Health Advisory on COVID-19**

MOH advises the public to continue to comply to the recommendations and health advisories that are often emphasised. These advisories must be incorporated as the new normal in our daily life, including:

- **Avoid the 3Cs:** Avoid **C**rowded places; **C**onfined spaces; and **C**lose conversations.
- **Practice the 3Ws:** **W**ash hands frequently with water and soap; **W**earing facemasks is now mandatory in public areas (starting from 1 August 2020 as directed by the National Security Council) or highly recommended if symptomatic; **W**arn self and others for the following, in line with MOH's advisories:

- Avoid shaking hands or touching others, including bumping parts of the body in lieu of shaking hands
- Practice good coughing and sneezing etiquette
- Seek early treatment if symptomatic
- Stay at home and avoid from visiting others
- Regularly clean and disinfect commonly touched surfaces in common areas

In addition to the SOPs, continue to adhere to **THIS** as the new normal:

- **T**: Terms set under the Recovery Movement Control Order (RMCO)
- **Hi**: High-risk groups such as children, infants, older adults and the disabled must be protected, and if unwell with symptoms, to seek early treatment
- **S**: Safe physical distancing is practiced at all times, of at least 1 metre away from others

MOH will continue to monitor the development of the COVID-19 situation, both in the country as well as internationally, based on available information from the World Health Organization (WHO). The public will be continuously updated on the latest information. In addition, MOH will ensure that appropriate preventive and control measures are continuously implemented.

Thank you.

**Tan Sri Dato' Seri Dr Noor Hisham Abdullah**  
Director General of Health Malaysia

21 October 2020 @ 6.00 pm

## Appendix 1

### Number of Confirmed COVID-19 Cases in Malaysia, by States (Cumulative, as of 21 October 2020, 12 pm)

State	No. of New Cases *	Cumulative
Sabah	535	9,290
Selangor	116 (2)	3,605
WP Kuala Lumpur	26 (6)	2,886
Kedah	7	1,964
Negeri Sembilan	9	1,119
Johor	0	840
Sarawak	0	769
Pulau Pinang	12	682
Perak	7	431
Pahang	1	389
Melaka	3	302
Kelantan	1	175
Terengganu	0	163
WP Labuan	9	169
WP Putrajaya	6	135
Perlis	0	38
<b>Total</b>	<b>732 (8)</b>	<b>22,957</b>

\*( ) refers to imported confirmed COVID-19 cases

**Current Status of Active Clusters with Additional Confirmed COVID-19 Cases Reported Today**  
(21 October 2020)

Cluster	States	Districts	Additional cases	Total cases	Total screened	Active cases (ICU)	Total recovered	Non-M'sians
1. Tujuh Serangkai	Sabah	Tuaran	31	195	2,655	43 (0)	151	1
2. Menara	Selangor, WP Kuala Lumpur & Putrajaya, Perak, Terengganu, Melaka	Hulu Langat, Petaling, Gombak, Klang, Sepang, Cheras, Titiwangsa, Lembah Pantai, WP Putrajaya, Larut, Matang & Selama, Kuala Nerus, Melaka Tengah	19	68	382	64 (0)	4	0
3. Penjara Kepayan	Sabah	Kota Kinabalu	12	427	888	427 (0)	0	0
4. Auto	Selangor, Negeri Sembilan, WP Kuala Lumpur & Putrajaya	Petaling, Klang, Kuala Langat, Sepang, Gombak, Hulu Langat, Seremban, Titiwangsa, Putrajaya	12	74	639	74 (0)	0	0

5.	Simera	Terengganu, Pahang, Selangor, Negeri Sembilan, Perak, Johor, WP Putrajaya, Kelantan	Besut, Kuantan, Petaling, Klang, Hulu Langat, Gombak, Port Dickson, Manjung, Hilir Perak, Johor Bahru, Putrajaya, T anah Merah	10	66	811	55 (1)	11	0
6.	Kasih	Sabah	Lahad Datu	11	64	1,868	33 (0)	31	0
7.	Bah Manggis	Sabah, Selangor, Negeri Sembilan	Tawau, Kuala Langat, Seremban, Port Dickson	12	60	747	42 (0)	18	0
8.	Penjara Seberang Perai	Pulau Pinang	Seberang Perai Selatan	9	95	1,347	95 (2)	0	0
9.	Benteng LD	Sabah	Lahad Datu, Tawau, Sandakan, Kinabatangan, Tuaran	8	1,085	16,513	244 (0)	840	1

10.	Tembok	Kedah, Perak	Kota Setar, Baling, Kuala Muda, Sungai Petani, Kubang Pasu, Padang Terap, Larut, Matang & Selama	7	1,583	7,494	868 (6)	714	1
11.	Jalan Meru	Selangor, Johor, Kelantan, WP Kuala Lumpur & Putrajaya, Pahang, Perak	Hulu Langat, Klang, Gombak, Petaling, Hulu Selangor, Kuala Selangor, Johor Bahru, Batu Pahat, Kota Bharu, Titiwangsa, Lembah Pantai, Kepong, Cheras, Temerloh, Muar	4	138	1,124	65 (0)	73	0
12.	Buntar	Kedah, Perak, WP Putrajaya, Johor, Selangor, Pulau Pinang	Kuala Muda, Kerian, Kinta, Putrajaya, Batu Pahat, Johor Bahru, Petaling, Sepang, Seberang Perai Selatan	4	37	514	36 (0)	1	0
13.	Penjara Reman	Pulau Pinang	Timur Laut	2	401	3,991	221 (0)	179	1

14.	Tanamera	Sabah	Tawau	2	49	86	32 (0)	17	0
15.	Hentian	Selangor	Hulu Langat	1	50	127	50 (0)	0	0
16.	Kencana	Selangor, Johor, WP Kuala Lumpur, Terengganu	Petaling, Hulu Langat, Klang, Gombak, Cheras, Johor Bahru, Batu Pahat, Pontian, Kuala Nerus	1	27	244	22 (0)	5	0
17.	Seri Anggerik	Selangor	Hulu Selangor	1	24	96	12 (0)	12	0
18.	Baiduri	Selangor, Negeri Sembilan, WP Kuala Lumpur	Hulu Langat, Gombak, Port Dickson, Cheras, Titiwangsa, Lembah Pantai	1	20	329	7 (0)	13	0
19.	Jalan Pantai	WP Kuala Lumpur	Lembah Pantai	1	11	421	8 (0)	3	0
20.	Sentral	WP Kuala Lumpur	Kepong, Cheras, Titiwangsa, Lembah Pantai	1	7	316	6 (0)	0	1