



PRESS STATEMENT MINISTRY OF HEALTH MALAYSIA

UPDATES ON THE CORONAVIRUS DISEASE 2019 (COVID-19) SITUATION IN MALAYSIA

Current Status of Confirmed COVID-19 Cases Who Have Recovered

1 April 2020 – The Ministry of Health (MOH) would like to inform that **108 cases** have fully recovered and discharged well today. **Cumulatively, 645 confirmed COVID-19 cases have fully recovered and discharged well** (22.2% of total cumulative cases).

Current Situation of COVID-19 in Malaysia

1 April 2020, 12 pm – A total of **142 additional confirmed COVID-19 cases** were reported to the National Crisis Preparedness and Response Centre (CPRC) MOH today. Cumulatively there are now **2,908 confirmed COVID-19 cases** in Malaysia.

Currently, **102 confirmed COVID-19 cases are receiving treatment in intensive care units (ICU)**, and of these, 66 cases are on ventilation support.

Regretfully, **two (2) additional COVID-19 deaths** were reported to the National CPRC MOH. Cumulatively, there are now **45 COVID-19 deaths** in Malaysia (1.55% of total cumulative cases):

1. **Death #44:** Case 193 is an 80 year-old Malaysian woman who has a history of diabetes, hypertension and heart disease. She was a close contact to Case 115. She was admitted into Kuala Lumpur Hospital on 13 March 2020. She was pronounced dead on 31 March 2020 at 4.30 am.

2. **Death #45:** Case 1,053 is a 62 year-old Malaysian man who has a history of diabetes and hypertension. He was a close contact to Case 486. He was admitted into Kuala Lumpur Hospital on 17 March 2020 and was pronounced dead on 31 March 2020 at 10.46 pm.

MOH conveys condolences to all of the family members.

Status of Volunteers at MOH Hospitals, Quarantine and Low-Risk COVID-19 Patients Treatment Centres

Currently, there are 2,359 volunteers from various categories including:

- 65 Clinical Specialists in various fields
- 159 Medical Officers
- 909 Nurses
- 220 Medical Laboratory Technologists
- 704 Assistant Medical Officers
- 106 Radiologists
- 56 Physiotherapists
- 70 Science Officers (Microbiology)
- 7 Pharmacists
- 44 Assistant Pharmacists
- 11 Occupational Safety and Health Officers
- 2 Psychologists
- 6 Counsellors

The more detailed summaries of volunteers are shown in the following tables:

Table 1: Number of Clinical Specialists by specialities

| State | Emergency Medicine | Internal Medicine | Others | Anaesthe- siology | Total |
|------------------|-------------------------------|------------------------------|---------------|------------------------------|--------------|
| WPKL & Putrajaya | - | - | 5 | 6 | 11 |
| WP Labuan | - | - | 1 | - | 1 |
| Selangor | 1 | 7 | 6 | 11 | 25 |
| Sarawak | - | - | 1 | - | 1 |
| Sabah | - | - | 1 | - | 1 |
| Perak | - | - | 1 | 1 | 2 |
| Penang | - | 2 | 1 | - | 3 |
| Pahang | - | - | - | 2 | 2 |
| Negeri Sembilan | - | 1 | - | 1 | 2 |
| Melaka | - | - | 1 | 2 | 3 |
| Kelantan | - | - | 1 | 1 | 2 |
| Kedah | - | 1 | 2 | 1 | 4 |
| Johor | 1 | 4 | 1 | 2 | 8 |
| Total | 2 | 15 | 21 | 27 | 65 |

Table 2: Number of Volunteer Medical Officers by workplace origin or current work/job status

| Workplace origin or current work status | Number of MO's |
|--|-----------------------|
| Private hospitals | 16 |
| Private clinics | 44 |
| Retirees | 5 |
| Previously resigned from public sector | 55 |
| Public Universities | 30 |
| Private Universities | 9 |
| Total | 159 |

Table 3: Number of Volunteer Allied Health Personnel by service schemes

| Service scheme | No. |
|----------------------------------|--------------|
| Nurse | 909 |
| Medical Laboratory Technologists | 220 |
| Assistant Medical Officers | 704 |
| Radiologists (Diagnostic) | 106 |
| Physiotherapists | 56 |
| Science Officers (Microbiology) | 70 |
| Pharmacists | 7 |
| Assistant Pharmacists | 44 |
| Occ. Safety and Health Officers | 11 |
| Psychologists | 2 |
| Counsellors | 6 |
| Total | 2,135 |

MOH expresses gratitude for the services of these health and medical volunteers from all levels and professions in managing the COVID-19 situation in Malaysia. Concurrently, MOH is in discussions with the central agency to further refine the contractual appointment mechanism for these healthcare professionals intending to serve MOH during the COVID-19 time period.

MOH welcomes more volunteers and those who wish to serve MOH and join the COVID-19 Health and Medical support team can do so by filling out the online Registration Forms:

- For those wishing to serve at public health facilities such as health clinics, district health offices, KLIA health office etc.:

https://docs.google.com/forms/d/e/1FAIpQLSdnO5pPnHNCFIQ9QnaNk224JI0nZBcvNh4wKasLFpxfbAsMKQ/viewform?usp=pp_url

- For those wishing to serve at MOH hospitals:

https://docs.google.com/forms/d/e/1FAIpQLScTmWCBfjKeKK8pLHU26HAsZPn3plbs8LzXESb9Jx7gKyxJLg/viewform?usp=sf_link

Health Advisory on COVID-19

MOH would like to thank concerned parties for sharing nutritional information relating to the SARS-CoV-2 virus and the COVID-19 infection. Unfortunately, MOH has found that these consisted of claims and testimonies of certain types of food, supplements and health practices alleged able to cure and prevent COVID-19 infection.

To date, no scientific study has proven the effectiveness of any kind of food, supplements and traditional therapies against the SARS-CoV-2 virus and the COVID-19 infection. To ensure that our body remains healthy and able to fight the infection optimally, we must take a healthy, balanced and varied diet every day.

The three healthy eating practices that we must give due attention are:

- Eat three servings of vegetables daily
- Eat two servings of fresh fruit daily
- Drink eight glasses of water daily (about 2 litres)

In addition, please ensure that every meal contains carbohydrates such as rice, bread, noodles; and protein such as chicken, fish, meat and legumes.

MOH hopes that all Malaysians practices healthy eating, in addition to practising infection preventive measures such as regular hand washing with water and soap, and practicing social distancing.

For verified and up to date information, please visit the MOH website <http://moh.gov.my/index.php> or the Nutrition Division, MOH website <http://nutrition.moh.gov.my/>.

For medical or health advice, the public can contact the Virtual Health Advisory from 8.30 am to 5.00 pm daily, and also join the MOH Facebook live sessions from 10.00 am to 10.30 am and DoctorOnCall Facebook live sessions from 3.00 pm to 3.30 pm, Monday to Friday.

The public can also contact the National CPRC MOH hotline. Further information on the COVID-19 situation in Malaysia is also available through the National CPRC MOH Telegram channel <https://t.me/cprckkm>.

MOH will continue to monitor the development of the COVID-19 situation based on all available information, and the public will be continuously updated on the latest information.

Thank you.

Datuk Dr Noor Hisham Abdullah
Director General of Health Malaysia

1 April 2020 @ 5.00 pm

Appendix 1

Number of Confirmed COVID-19 Cases in Malaysia, by States (Cumulative, as of 1 April 2020, 12 pm)

| State | No. of New Cases | Cumulative |
|-----------------|------------------|--------------|
| Perlis | 0 | 12 |
| Kedah | 2 | 79 |
| Pulau Pinang | 2 | 96 |
| Perak | 5 | 194 |
| Selangor | 22 | 726 |
| Negeri Sembilan | 8 | 189 |
| Melaka | 11 | 63 |
| Johor | 19 | 368 |
| Pahang | 9 | 111 |
| Terengganu | 1 | 48 |
| Kelantan | 3 | 134 |
| Sabah | 3 | 209 |
| Sarawak | 32 | 188 |
| WP Kuala Lumpur | 25 | 455 |
| WP Putrajaya | 0 | 26 |
| WP Labuan | 0 | 10 |
| Total | 142 | 2,908 |