



PRESS STATEMENT MINISTRY OF HEALTH MALAYSIA

UPDATES ON THE CORONAVIRUS DISEASE 2019 (COVID-19) SITUATION IN MALAYSIA

Current Status of Confirmed COVID-19 Cases Who Have Recovered

31 March 2020 – The Ministry of Health (MOH) would like to inform that **58 cases** have fully recovered and discharged well today. **Cumulatively, 537 confirmed COVID-19 cases have fully recovered and discharged well** (19.4% of total cumulative cases).

Current Situation of COVID-19 in Malaysia

31 March 2020, 12 pm – A total of **140 additional confirmed COVID-19 cases** were reported to the National Crisis Preparedness and Response Centre (CPRC) MOH today. Cumulatively there are now **2,766 confirmed COVID-19 cases** in Malaysia.

Currently, **94 confirmed COVID-19 cases are receiving treatment in intensive care units (ICU)**, and of these, 60 cases are on ventilation support.

Regretfully, **six (6) additional COVID-19 deaths** were reported to the National CPRC MOH. Cumulatively, there are now **43 COVID-19 deaths** in Malaysia (1.55% of total cumulative cases):

1. **Death #38:** Case 2,269 is a 48 year-old Malaysian woman who has a history of hypertension. She was a close contact to Case 2,750. She was admitted into Tuanku Jaafar Hospital, Negeri Sembilan on 25

March 2020. She was pronounced dead on 30 March 2020 at 4.04 pm.

2. **Death #39:** Case 2,626 is a 69 year-old Malaysian man who has a history of diabetes and hypertension. He also has a history of travelling to Saudi Arabia. He passed away at home on 27 March 2020 and the body was brought to Kuala Lumpur Hospital.
3. **Death #40:** Case 2,627 is a 69 year-old Malaysian man who has a history of diabetes and hypertension. He was admitted into Enche' Besar Hajjah Khalsom Hospital Johor and was pronounced dead on 26 March 2020 at 1.03 pm.
4. **Death #41:** Case 1,275 is a 40 year-old Indonesian man. He was admitted into Sarawak General Hospital on 20 March 2020 and was pronounced dead on 31 March 2020 at 1.38 am.
5. **Death #42:** Case 2,628 is a 81 year-old Malaysian man who has a history of heart disease. He was admitted into University of Malaya Medical Centre on 27 March 2020 and was pronounced dead on 31 March 2020 at 7.09 am
6. **Death #43:** Case 2,629 is a 73 year-old Malaysian man who has a history of diabetes and heart disease. He was admitted into Tengku Ampuan Rahimah Hospital, Selangor on 29 March 2020 and was pronounced dead on 30 March 2020 at 4.30 pm.

MOH conveys condolences to all of the family members.

Situational Analysis After Two Weeks of the Movement Control Order

After two weeks of enforcement of the Movement Control Order (MCO), the trend of new COVID-19 cases reported daily is shown in **Appendix 2**. Overall, the number of new cases continues to increase with occasional plateauing, while the number of patients discharged from the wards daily continues to increase. These data reflect the impact of

activities done by MOH and related agencies over the last one month. However, the next two weeks are crucial because the data will reflect whether the measures taken by the Government to date have achieved the desired impact. The outcome will be strongly correlated with the public in complying to the MCO.

The data also shows that there are two age groups with the highest confirmed COVID-19 cases compared to other age groups i.e. between 26 to 30 years; and between 56 to 60 years old.

Health Advisory on COVID-19

The second phase of the Movement Control Order is enforced from 1 April 2020 until 14 April 2020. Several localities have been declared as localities placed under the Enhanced Movement Control Order (EMCO). As mentioned earlier, the next two weeks are crucial as the cooperation of everyone, individuals and organisations are crucial to ensure that the COVID-19 infection chain can be broken.

Thus, MOH advises the public to remain at home, while constantly practicing good personal hygiene, such as frequent hand washing and social distancing. If unwell with symptoms, use a face mask. In addition, the public is advised the following healthy lifestyle:

- Eat healthy by preparing a healthy and balanced menu. Reduce intake of sugar, salt and fat; and eat more fruits and vegetables.
- Practice an active lifestyle by doing physical activity or indoor light exercises.
- For those who smoke, take this opportunity to quit smoking. Non-smokers can also speak out to family members who smoke to reduce exposure to cigarette smoke and the dangers of smoking.
- Cultivate a positive mindset for yourself and family members. Practice proper relaxation techniques and calm your mind every day.

For medical or health advice, the public can contact the Virtual Health Advisory from 8.30 am to 5.00 pm daily, and also join the MOH

Facebook live sessions from 10.00 am to 10.30 am and DoctorOnCall
Facebook live sessions from 3.00 pm to 3.30 pm, Monday to Friday.

The public can also contact the National CPRC MOH hotline. Further information on the COVID-19 situation in Malaysia is also available through the National CPRC MOH Telegram channel <https://t.me/cprckkm>.

MOH will continue to monitor the development of the COVID-19 situation based on all available information, and the public will be continuously updated on the latest information.

Thank you.

Datuk Dr Noor Hisham Abdullah
Director General of Health Malaysia

31 March 2020 @ 5.00 pm

Appendix 1

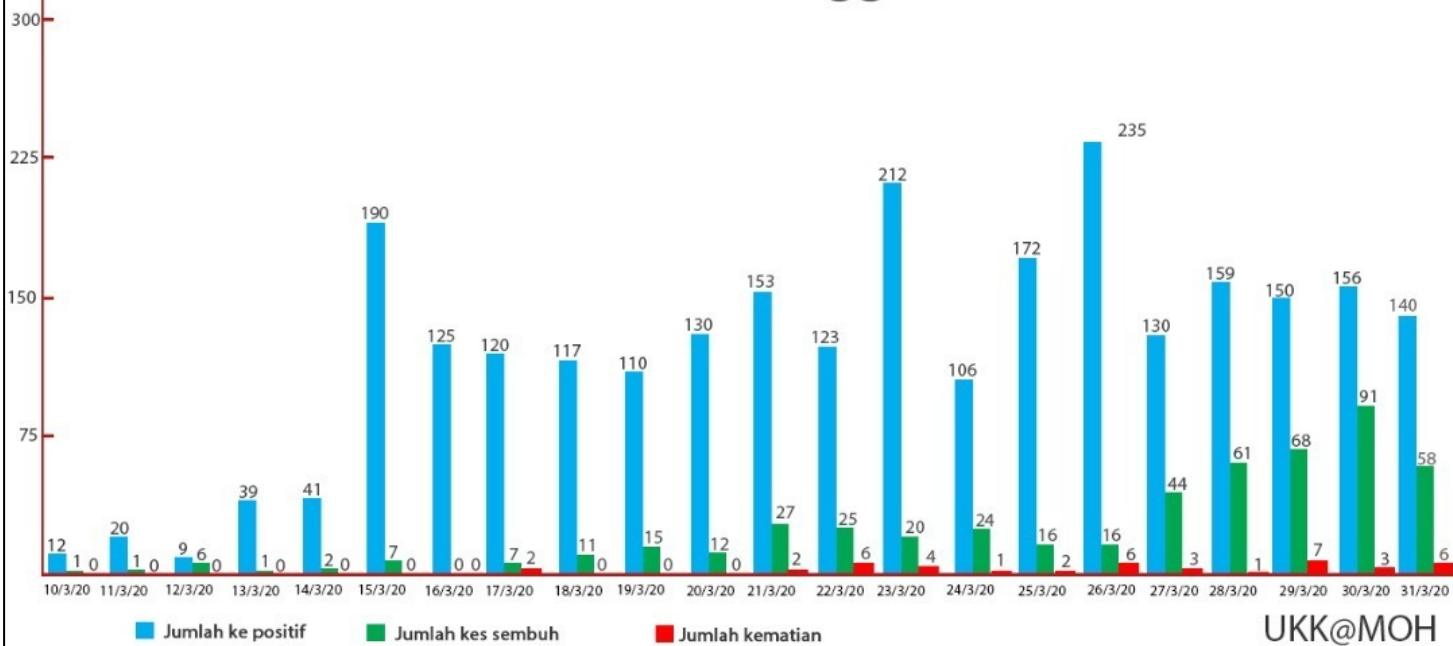
Number of Confirmed COVID-19 Cases in Malaysia, by States (Cumulative, as of 31 March 2020, 12 pm)

State	No. of New Cases	Cumulative
Perlis	1	12
Kedah	0	77
Pulau Pinang	6	94
Perak	5	189
Selangor	32	704
Negeri Sembilan	9	181
Melaka	2	52
Johor	16	349
Pahang	3	102
Terengganu	0	47
Kelantan	4	131
Sabah	5	206
Sarawak	21	156
WP Kuala Lumpur	34	430
WP Putrajaya	2	26
WP Labuan	0	10
Total	140	2,766

Appendix 2



Jumlah Kes Baharu Harian, Kes Pulih Dan Kematian Dari 10 Mac Hingga 31 Mac 2020



| BILANGAN KES POSITIF MENGIKUT KUMPULAN UMUR N=1,651

