

## PROTOCOL ON COVID-19 RAPID MOLECULAR TESTING FOR THE HEALTH FACILITIES, MINISTRY OF HEALTH MALAYSIA VERSION 1.0

### 1. OBJECTIVE

This document provides brief protocol for rapid molecular testing available in Ministry of Health, Malaysia for the detection of SARS-CoV-2.

### 2. BACKGROUND

2.1 All COVID-19 laboratories in MOH are using real time Reverse Transcriptase Polymerase Chain Reaction (RT- qPCR) as a confirmatory test for COVID-19 infection which may takes several hours of 6 to 8 hours for a completion.

2.2 With the advancement of technology, research and development, real Rapid PCR platforms are being introduced recently. These platforms enable results to be provided within 1 – 2 hours and are now available in hospital's laboratories in MOH. Rapid PCR allow faster case detection, diagnosis and management of COVID-19 patients.

2.3 Two rapid PCR tests available in MOH facilities are:

#### 2.3.1 GeneXpert - Xpert Xpress SARS-CoV-2 test

- i. The Xpert Xpress SARS-CoV-2 test is an automated in vitro diagnostic test for qualitative detection of nucleic acid from SARSCoV-2 which is performed on GeneXpert Instrument Systems.
- ii. The GeneXpert Instrument Systems automate and integrate sample preparation, nucleic acid extraction and amplification, and detection of the target sequences in simple or complex samples using real-time PCR assays and the results is ready within 1 hour.
- iii. The Xpert Xpress SARS-CoV-2 test provides test results based on the detection of two gene targets, N2 and E gene and Internal Control (IC). A correlation study between two targets and one target (N2 only) has been carried out in Institute Medical Research (IMR), Ministry of Health and showed a sufficient correlation.
- iv. A Sample Processing Control (SPC) and a Probe Check Control (PCC) are also included in the cartridge utilized by the GeneXpert instrument.

#### 2.3.2 QIAstat -Dx Respiratory SARS-CoV-2 Panel

- i. This is a multiplexed nucleic acid real-time PCR test which can detect nucleic acid from 22 respiratory viral and bacterial organisms, including the SARS-CoV-2 virus.

- ii. The SARS-CoV-2 in this panel targets two genes of the virus genome, Rdrp and E gene, detected with the same fluorescence channel. The two targets are not differentiated, and amplification of either or both regions leads to a fluorescence signal.
  - iii. The QIAstat-Dx Respiratory SARS-CoV-2 Panel Cartridge includes a full process IC, which verifies all steps of the analysis process, including sample resuspension/homogenization, lysis, nucleic acid purification, reverse transcription and PCR.
- 2.4 This document therefore is aimed as guidance protocol for the health facilities in MOH with access to these two rapid molecular testing platforms for the usage of SARS-CoV-2 detection.
- 2.5 This protocol shall be refined based on the latest available evidence from time to time.

### 3. IMPLEMENTATION

#### 3.1 Indication

Rapid SARS-CoV-2 PCR testing should only be considered in high risk patients where an urgent result is required within one to four hours.

Testing can only be requested by a Specialist, preferably following discussion with the Medical Microbiologist or Infectious Disease Physician.

#### 3.2 Testing criteria:

- i. **Critically ill patients** with recent onset of respiratory symptoms/pneumonia (SARI) following the updated existing Guidelines of Infection Prevention and Control (IPC) in Clinical Management of Severe Acute Respiratory Infections (SARI/Pneumonia TRO Covid-19
- ii. **Urgent transplant cases**
- iii. Brought in dead (BID) cases with **high probability or high suspicion of Covid-19**. Testing can only be requested by Forensic Pathologist and/or Emergency Physician, preferably following discussion with the Medical Microbiologist or Infectious Disease Physician.
- iv. **Urgent cases other than above, upon consultation with Medical Microbiologist or Infectious Disease Physician.**

In urgent cases, the choice of test between these rapid molecular platforms and RTK Antigen depends on the indication and availability of the test.

#### 3.3 Specimen requirement:

- i. Specimen collections should be done by trained personnel and the usage of appropriate PPE shall be ensured.
- ii. Types of Specimen:

Table 1. Types of specimen and transportation

	<b>GENEXPERT</b>	<b>QIASTAT</b>
<b>Type of Specimen</b>	Nasopharyngeal swab Nasal wash / aspirate	Nasopharyngeal swab
<b>Transport Media</b>	Nasopharyngeal swab in Viral Transport Media (VTM)  Nasal wash/aspirate in sterile container	Nasopharyngeal swab in Universal Transport Media (UTM)
<b>Packaging</b>	Triple Packaging	Triple Packaging
<b>Transportation</b>	Maintain 2-8°C up to 72 hours	Maintain 2-8°C up to 72 hours

- iii. Test procedure to be done as per manufacturer's recommendation

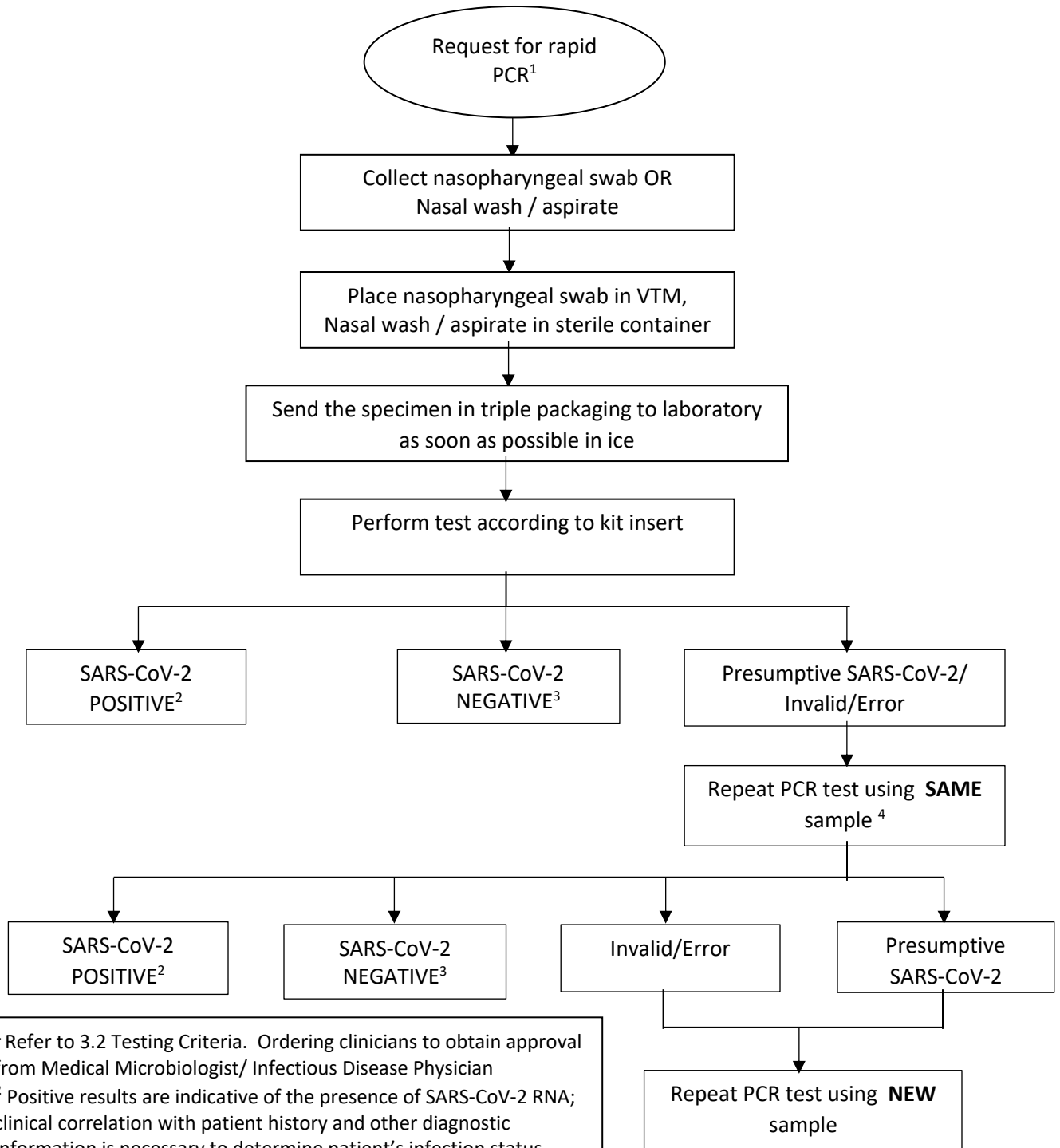
### 3.4 **Waste management:**

All clinical samples and consumables used shall be autoclaved or incinerated.

#### 4. FLOWCHART AND RESULT INTERPRETATION

##### 4.1 Xpert Xpress SARS-CoV-2

Diagram 1. Flowchart using Xpert Xpress SARS-CoV-2



<sup>1</sup> Refer to 3.2 Testing Criteria. Ordering clinicians to obtain approval from Medical Microbiologist/ Infectious Disease Physician

<sup>2</sup> Positive results are indicative of the presence of SARS-CoV-2 RNA; clinical correlation with patient history and other diagnostic information is necessary to determine patient's infection status.

<sup>3</sup> Negative results do not preclude SARS-CoV-2 infection. If clinically indicated, repeat PCR after 48 hours – 72 hours.

<sup>4</sup> Repeat PCR test using other RT-PCR or rapid PCR platform, based on local setting.

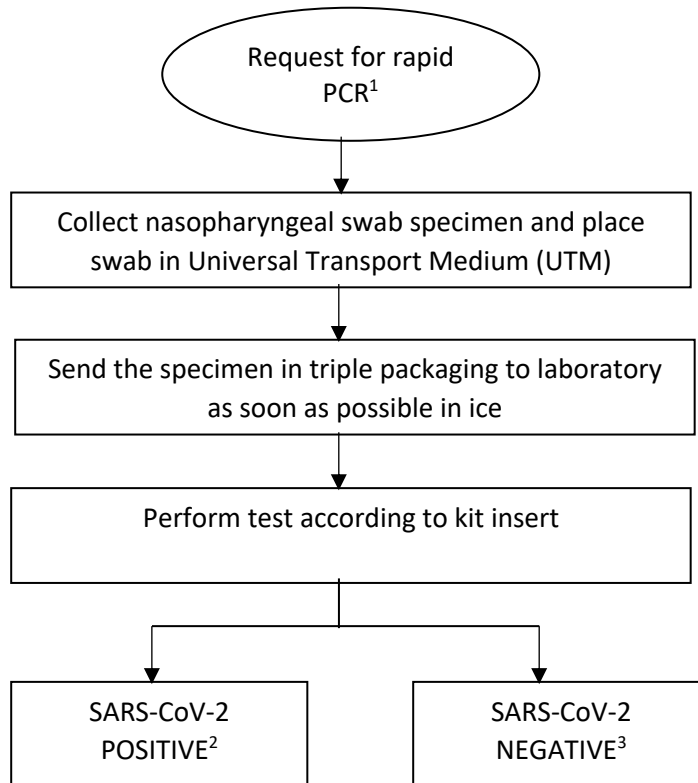
Table 2. Xpert Xpress SARS-CoV-2 Possible results

Result Text	N2	E	SPC
SARS-CoV-2 POSITIVE	+	+	+/-
	+	-	+/-
SARS-CoV-2 PRESUMPTIVE POSITIVE	-	+	+/-
SARS-CoV-2 NEGATIVE	-	-	-
INVALID	-	-	-

Note: A correlation study between two targets (N2 and E) and one target (N2 only) done in Institute of Medical Research showed sufficient correlation for the detection of SARS-CoV-2.

#### 4.2 QIAstat-Dx Respiratory SARS-CoV-2 Panel

Diagram 2: Flowchart using QIAstat-Dx Respiratory SARS-CoV-2 Panel



<sup>1</sup> Refer to 3.2 Testing Criteria. Ordering clinicians to obtain approval from Medical Microbiologist/ Infectious Disease Physician

<sup>2</sup> Positive results are indicative of the presence of SARS-CoV-2 RNA; clinical correlation with patient history and other diagnostic information is necessary to determine patient infection status. Repeat testing with other PCR platform if indicated.

<sup>3</sup> Negative results do not preclude SARS-CoV-2 infection. If clinically indicated, repeat PCR after 48 hours – 72 hours.

## **5. REPORTING OF RESULT**

All results must be reported in SIMKA OUTBREAK. All positive results shall be informed to Infectious Disease Physician and the State CPRC.

## **6. QUALITY CONTROL**

Verification shall be done by all centers providing these rapid molecular tests.

- i. For labs with multiplex PCR onsite:
  - Test one known positive sample on GeneXpert or QiaStat Respiratory SARS-CoV-2 Panel.
  - Confirm the first 9 patient samples against multiplex PCR.
- ii. For labs without multiplex PCR onsite:
  - Test one known positive sample (from referral lab) on GeneXpert or QiaStat .
  - Send the first 9 patient samples to referral lab for confirmation.

## **7. REFERENCES:**

- i. Annex 1 – Case definition of Covid-19 (updated 5 October 2020), Guideline Covid-19 Management in Malaysia No. 5/2020
- ii. Annex 2 b – Management of Suspected Case required admission (updated 5 October 2020), Guideline Covid-19 Management in Malaysia No. 5/2020
- iii. Xpert Xpress SARS-CoV-2 - Instructions for use
- iv. QIAstat-Dx® Respiratory SARS-CoV-2 Panel Instructions for Use (Handbook)